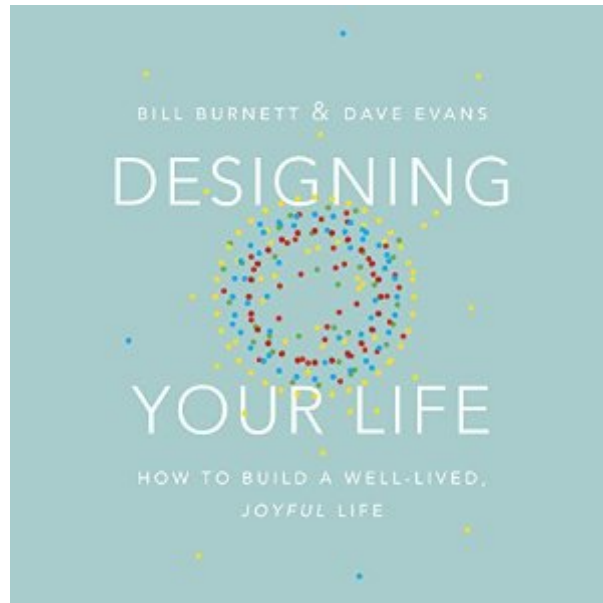


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# Designing Your Life: How To Build A Well-Lived, Joyful Life



## Synopsis

At last, a book that shows you how to build - design - a life you can thrive in at any age or stage. Designers create worlds and solve problems using design thinking. Look around your office or home - at the tablet or smartphone you may be holding or the chair you are sitting in. Everything in our lives was designed by someone. And every design starts with a problem that a designer or team of designers seeks to solve. In this book Bill Burnett and Dave Evans show us how design thinking can help us create lives that are both meaningful and fulfilling, regardless of whom or where we are, what we do or have done for a living, or how young or old we are. The same design thinking responsible for amazing technology, products, and spaces can be used to design and build your career and your life, a life of fulfillment and joy, constantly creative and productive, one that always holds the possibility of surprise.

## Book Information

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